

MTB Grade 2

Sikh Sacred Music

Recital (*sabad* List A, *sabad* List B)

The candidate must select List A or List B and present all pieces of their chosen list in the exam (25 marks each piece).

List A

Composer/Artist	Title	Book/Cat. Ref.	Publisher/ Buy Here
South Asian Music Committee	ਜੀਵਤ ਜੀਵਤ ਜੀਵਤ ਰਹਹੁ (ਰਾਗ ਭੈਰਉ), Tintal Jīvat jīvat jīvat rahahu (Raag Bhairo), Tintal, Tintal	MTB Sikh Sacred Music Grade 2 Book	MTB Bookshop
South Asian Music Committee	ਕਿਤੈ ਪ੍ਰਕਾਰਿ ਨ ਤੂਟਉ ਪ੍ਰੀਤਿ (ਰਾਗ ਧਨਾਸਰੀ), Dadra Kitai prakār na tūṭō prīti (Raag Dhanasri), Dadra	MTB Sikh Sacred Music Grade 2 Book	MTB Bookshop
South Asian Music Committee	ਤੋਰੈ ਮਾਨਿ ਹਰਿ ਹਰਿ ਮਾਨਿ (ਰਾਗ ਕਲਿਆਨ), Roopak Tērai māni hari hari māni (Raag Kalian), Roopak	MTB Sikh Sacred Music Grade 2 Book	MTB Bookshop

List B

Composer/Artist	Title	Book/Cat. Ref.	Publisher/ Buy Here
South Asian Music Committee	ਰਾਖਾ ਏਕੁ ਹਮਾਰਾ ਸੁਆਮੀ (ਰਾਗ ਭੈਰਉ), Roopak Rākhā ek hamārā suāmī (Raag Bhairo), Roopak	MTB Sikh Sacred Music Grade 2 Book	MTB Bookshop
South Asian Music Committee	ਗੁਰ ਕੇ ਚਰਨ ਜੀਅ ਕਾ ਨਿਸਤਾਰਾ (ਰਾਗ ਧਨਾਸਰੀ), Tintal Gur kē charan jīa kā nīsatārā (Raag Dhanasri), Tintal	MTB Sikh Sacred Music Grade 2 Book	MTB Bookshop
South Asian Music Committee	ਜਾਚਿਕੁ ਨਾਮੁ ਜਾਚੈ ਜਾਚੈ (ਰਾਗ ਕਲਿਆਨ), Dadra Jāchiku nāmu jāchai jāchai (Raag Kalian), Dadra	MTB Sikh Sacred Music Grade 2 Book	MTB Bookshop

Technical Exercises (25 marks)

Prepare all the technical exercises (*tal*, *vocal palta* and *saaj palta*) required for this grade below.
Further guidance can be found within our MTB Sikh Sacred Music Grade 2 Book.

Technical Exercises (*tal*)

Technical Exercises (*vocal palta*)

Technical Exercises (*saaj palta*)

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Technical Exercises (*tal*)

Perform the *tal* test, as found in the MTB Sikh Sacred Music Grade 2 Book.

Students must speak the numbers presented in each *tal* test keeping rhythm with their hands and fingers, and staying within rhythm at the minimum speed prescribed as follows:

- *Tal A*, 3 times.
- *Tal B*, 3 times.

Tal test A, Dadra, 90bpm

Perform sequences 1 and 2 in turn, keeping rhythm with your hands as specified throughout.

		1 ^x	2	3	4 ^o	5	6
Sequence	1	1	2	3	4	5	6
	2	1 2	3 4	5 6	1 2	3 4	5 6

Tal test B, Tintal, 90bpm

Perform sequences 1 and 2 interchangeably, keeping rhythm with your hands as specified throughout.

Sequence		16															
		1 ^x	2	3	4	5 ²	6	7	8	9 ^o	10	11	12	13 ³	14	15	16
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
2		1 2	3 4	5 6	7 8	9 10	11 12	13 14	15 16	1 2	3 4	5 6	7 8	9 10	11 12	13 14	15 16

Technical Exercises (*vocal palta*)

Perform the vocal sequence, as found in the MTB Sikh Sacred Music Grade 2 Book, as follows at the minimum speed prescribed:

- *Vocal palta A*, 2 times.
- *Vocal palta B*, 2 times.
- *Vocal palta C*, 2 times.

Please sing this with a tanpura and tabla app. The tanpura should be tuned to the male or female *sur* accordingly.

Palta A, Tintal, 50bpm

1 ^x	2	3	4	5 ²	6	7	8	9 ^o	10	11	12	13 ³	14	15	16
S	R	G	M	P	–	R	G	M	P	D	–	G	M	P	D
N	–	M	P	D	N	Ṡ	–								
								Ṡ	N	D	P	M	–	N	D
P	M	G	–	D	P	M	G	R	–	P	M	G	R	S	–

Palta B, Tintal, 50bpm

1 ^x	2	3	4	5 ²	6	7	8	9 ^o	10	11	12	13 ³	14	15	16
P	M	G	R	S	–	D	P	M	G	R	–	N	D	P	M
G	–	Ṡ	N	D	P	M	–								
								M	P	D	N	Ṡ	–	G	M
P	D	N	–	R	G	M	P	D	–	S	R	G	M	P	–

Palta C, Dadra, 50bpm

1 ^x	2	3	4 ^o	5	6
S	R	G	M	P	D
R	G	M	P	D	N
G	M	P	D	N	Ṡ
Ṡ	N	D	P	M	G
N	D	P	M	G	R
D	P	M	G	R	S

Technical Exercises (*saaj palta*)

Play each palta with the saaj (no vocals), accompanied with a tabla app, as found in the MTB Sikh Sacred Music Grade 2 Book, as follows at the minimum speed prescribed:

- *Saaj palta A*, 2 times.
- *Saaj palta B*, 2 times.

Palta A, Dadra, 90bpm

→				←		
1 ^x	2	3		4 ^o	5	6
S	<u>r</u>	G		<u>r</u>	G	M
G	M	P		M	P	<u>d</u>
P	<u>d</u>	N		<u>d</u>	N	<u>ṡ</u>
N	<u>ṡ</u>	<u>r</u>		<u>ṡ</u>	<u>r</u>	<u>ḡ</u>
<u>ḡ</u>	<u>r</u>	<u>ṡ</u>		<u>r</u>	<u>ṡ</u>	N
<u>ṡ</u>	N	<u>d</u>		N	<u>d</u>	P
<u>d</u>	P	M		P	M	G
M	G	<u>r</u>		G	<u>r</u>	S
<u>r</u>	S	<u>N</u>		S	<u>N</u>	<u>d</u>

Palta B, Roopak, 90bpm

→				←		
1 ^o	2	3		4 ²	5	6 ³ 7
S	<u>r</u>	G		S	<u>r</u>	G M
<u>r</u>	G	M		<u>r</u>	G	M P
G	M	P		G	M	P <u>d</u>
M	P	<u>d</u>		M	P	<u>d</u> N
P	<u>d</u>	N		P	<u>d</u>	N <u>ṡ</u>
<u>ṡ</u>	N	<u>d</u>		<u>ṡ</u>	N	<u>d</u> P
N	<u>d</u>	P		N	<u>d</u>	P M
<u>d</u>	P	M		<u>d</u>	P	M G
P	M	G		P	M	G <u>r</u>
M	G	<u>r</u>		M	G	<u>r</u> S

MTB Grade 2

Sikh Sacred Music

Syllabus Guidance

- The teacher is encouraged to speak to the candidate during the exam to put them at ease or to help them understand what is being requested. For more guidance on conducting/taking the exam [click here](#).
- Record all elements consecutively. The recording should not be turned off at any point during the exam until all elements of the assessment have been completed. For more recording advice [click here](#).
- For Practical Grades follow the above syllabus requirements. To learn about Performance Grade requirements please [click here](#).

• **Recital Guidance:**

- Announce your base sur, e.g. "I have used G# as my base sur". Replace 'G#' with the base sur you used.
- The candidate should introduce each piece they are about to perform by stating its title, e.g. palta 1, akar, tal, etc.
- The sounds of the saaj, vocals, and the tabla app must be clearly audible when applicable.
- The teacher may help the candidate tune up before the exam begins. This should be done before starting the recording.
- For Tabla you must use a Tabla app/recorded accompaniment and not a live Tabla player.
- Specify the grade that you are submitting, e.g. Pre-Grade, Grade 2 etc.
- Specify the performance title, e.g. palta 1, akar, tal etc.
- For Grade 2 and above, state the List that you have selected, e.g. List A, List B etc.

• **Technical Section Guidance:**

- The tempi given for the technical section exercises (tal, vocal, saaj palta) are minimum speed requirements.
- There are no unprepared elements in an MTB exam. All Technical and Musicianship elements should be practised by the candidate prior to taking the exam.
- If the Vocal Skills fall outside of the candidate's vocal range, they may be transposed. However, all exercises within a test must be transposed by the same interval. The entire test must be completed in one singular base sur.